



QUESTIONS
TO ASK PEOPLE YOU KNOW

FEEDBACK - QUESTIONS TO ASK PEOPLE YOU KNOW



Honest feedback from other people can be really helpful to understand yourself better. It might feel a little uncomfortable to ask at first. Once you begin to see the benefits of knowing where your strengths are and where you need to put some extra focus, you can decide what you want to build on. Hopefully you'll keep up the habit of asking people throughout your career. Treasure and listen to the good things that people say about you too.

HERE ARE SOME INITIAL QUESTIONS TO START YOU OFF ...

- **When am I at my best?**
 - Can you give me a specific example?

- **When am I at my worst?**
 - Can you give me a specific example?

- **What should I be most proud of?**
 - Can you give me a specific example?

By doing this, as well as getting to know yourself, you are getting started on preparation for interviews!